



# Wake Up

Wake up! Wake up!

It's a lovely day  
Oh! Please get up  
And come and play.

The birds are singing in the trees,  
And you can hear the buzzing bees.

Wake up! Wake up!

It's a lovely day.

Oh! Please get up  
And come and play.

It's much too late to lie in bed,  
So hurry up, you sleepy head.

Wash and dress

And come on out

Everyone is up and about.

The cow, the horses, the ducks

And the sheep,

The tiniest chicken

Cheep-cheep-cheep

Wake up!

duck, flower, butterfly, sun, boy, girl, sheep, horse, pond,

The words given above are the names of animals & objects from the picture.

i) Write down these words with a describing word (Adjective) to it. **Example:** beautiful flower

ii) With the words given in the box, write short sentence with action words (verb).

**Example:** The ducks are flying .

iii) Write down the rhyming words from the poem: **Example:** day play

**Words related to time :** today, tomorrow, yesterday, night, morning, afternoon, last night, now, soon, later on, before, after.....

iv) **बूझो तो जानो-**पैर नहीं हैं, पर चलती रहती, दोनों हाथों से अपना मुंह पोंछती रहती। (घड़ी)

इस तरह अपने पसंद की चार पहेलियाँ लिखिए।

v) **सुविचार-**अगर हम जीवन में कुछ हासिल करना चाहते हैं, कुछ बनना चाहते हैं, तो आपके लिए ये अनिवार्य है की, आप समय की कीमत को समझे। समय के महत्व पर चार सुविचार लिखिए।

● **Make a list of your actions:** like waking up ,going to school, morning assembly ,playing, doing homework.....sleeping .**Then arrange these actions in the order of earliest to latest .**

How long do the following activities take . Make a table like this and write it under the correct heading.

Seconds	Minutes	Hours

- Name the activity in which you spent minimum time .

- Name the activity in which you spent maximum time

**Quiz time:** How many ? a) Hours in a day    b) Minutes in one hour.    c) Seconds in one hour.

d) Days in a week.

e) Months in a year.

f) Days in a leap year.

g) 1 decade = \_\_\_\_\_ years.

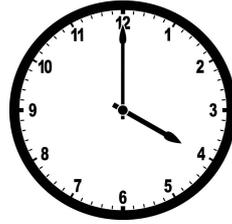
h) 1 century = \_\_\_\_\_ years.

-Write each time in hours and minutes: Five minutes to ten , Quarter to nine , Half past two

- How long will it take the minute hand to move from:

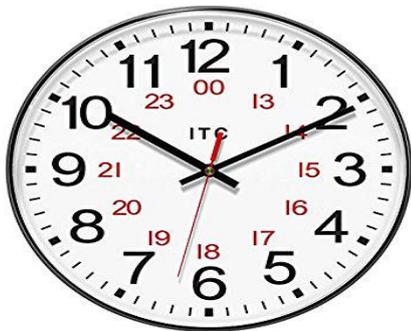


to



-Draw the faces of clock in your notebook and show the time given : Half past three , Quarter to four

-Given below is a clock which shows time in 12 hrs and 24 hrs. Learn to read the 24 hrs clock and answer the following questions in your notebook.



Write the given time in 24hrs clock: Ex: 11.00 pm - 23 hours  
3.15 am - 03.15hours

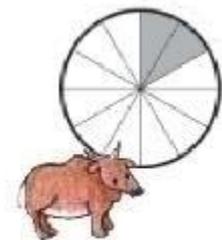
- i) 9.00 pm
- ii) 5.30 am
- iii) 7.30 pm
- iv) 12.15 am

### Sleeping and Waking

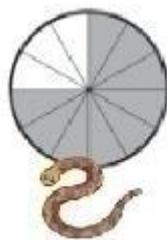
- Have you noticed that during the cold season you cannot see any lizard in the house? Where do you think they have gone?

Yes, they go for long sleep at a warm place to escape cold.

- Given here is the sleeping time of some animals. Below each picture write for how many hours a day that animal sleeps.



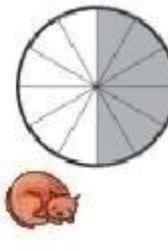
Cow



Python



Giraffe



Cat

Here each circle is divided into 12 equal sectors. As a day has 24 hours, so sector is taken equal to 2 hours.

**Example:**

For Cow:

No. of shaded sectors = 2

So, sleeping time of cow =  $2 \times 2 = 4$  hours

- Search one Hindi poem or Hindi film song related to Time. Listen to the song /poem and enjoy the music.

